



Member assistance program.

Feel supported, connected and rewarded every single day with expert advice, recommendations and referrals from a confidential member assistance program, and convenient access to online resources and tools.

Getting started with TELUS Health is easy.

- 1 Download the TELUS Health One app or visit one.telushealth.com.
- 2 Open the app, click on 'Log in' and enter your shared log-in credentials.

Username: **canadalife**

Password: **telus1**



Contact TELUS Health any time, 24/7, for support:

1-866-289-6749

Connect online: one.telushealth.com or by mobile.

